## Reopening the JKV Campus: Independent Living Phase I

## STARTING MONDAY, MARCH 15

## By Maria Timberlake, vice president, senior living

It's been a long time coming. One year ago on March 15, due to recommendations from the CDC and the State of Missouri, we closed Village Assisted Living's and the Village Care Center's doors to visitors. A week later, on March 23, federal and state orders caused us to lock the entire campus and do everything we could to keep COVID-19 away from the Village.

We have all endured much during this time including, for many, health losses, personal losses and months of separation from others. But the long, cold winter is over, and it is finally time to spring forward to a phased re-opening of the independent living campus, starting March 15.

### Why Now?

The Village is still listening to the same excellent resources that have guided us all along. We also are looking at what makes sense for us, including the facts that: there currently are no outbreaks on campus, more than 90 percent of independent living residents are vaccinated, and the COVID-19 reproductive rate for the Kansas City region is less than 1.0.

These tell us that we can start easing back into the John Knox Village lifestyle, starting with more opportunities to interact with one another and with loved ones. Of course, face masks and social distancing are still required!

# Reopening Phase I: Starts Monday, March 15

### Visiting in Independent Living:

- Apartment building doors will be unlocked.
- We will resume locking and unlocking buildings daily.
- Deliveries can be brought directly to doors.
- You are welcome to move freely around the campus and visit with one another.
- Guests are welcome and can visit outdoors or in resident homes only, with face coverings and 6-foot distancing.
- Guests and caregivers don't have to check in at Public Safety.
- **Best option: Visit outdoors.** If indoors, open some windows or doors.

- Guests **must** wear face coverings at all times.
- DO NOT have guests if you or your guest aren't feeling well, have been exposed to COVID-19, or have recently tested positive.

**Concierge Hours:** Weekend Concierge hours are back.

- Meadows Commons: Saturdays 9 a.m. to 6:30 p.m. and Sundays 10:30 a.m. to 6:30 p.m.
- Courtyard Commons: Saturdays 9 a.m. to 6:30 p.m. and Sundays 10 a.m. to 2 p.m.

### **Resident Gatherings:**

- Groups of no more than 10 can gather in indoor common areas and meeting rooms. No visitors.
- No food or drink.
- Tables and chairs should be 6 feet apart. (Keep face masks on!)
- People from the same household may sit together.
- Reserve meeting rooms in advance by calling 347-2999.

#### More to Come

This is just the first in a multiphase plan. If you don't see what you've been waiting for, don't worry. Planning is underway for other key services to reopen, such as resident dining, the grocery bus and activities.

Both internal and external considerations will impact our plans as we move forward. We will monitor the Village for positive cases and watch the spread rate in the metro area. If there is an outbreak on campus, or if the county re-imposes restrictions, we could have to temporarily backtrack. And keep in mind that this only applies to independent living. Village Assisted Living and the Village Care Center are bound by different regulations and have their own reopening plans.

### **Small Group Gatherings**

Examples of small groups that can meet: (10 or fewer, residents only)

- Resident committees
- Resident special interest groups
- Arts and craft groups Prayer groups
  - Billiards Ping Pong Golf