



A Note from the Village



Happy October! I know that the next several weeks will be full of activities associated with your move to your brand new home at John Knox Village. Please take a look at the following checklist that I put together to help you keep track of some of the details of your move.

This is by no means a complete list, but it will provide you with a strong start to your transition to your life at John Knox Village.

• **Did you receive your 60-day notice letter in the mail?** This letter, which was sent out in late September and early October, includes information about meeting your move-in coordinator and the three meetings you will need to schedule with her. If you did not receive this letter, please contact your retirement counselor so we can be sure you receive this very important information.

• **Start gathering the paperwork needed for your pre-closing appointment with your move-in coordinator.** The information you will need includes three months of bank statements; current investment statements; trust documents; and POA paperwork (if applicable). During this appointment, you also will be able to make any contract changes if necessary.



The interior of the new Meadows East Expansion is really taking shape as crews are completing cabinetry installation including in the kitchens and bathrooms. Interior painting is also progressing nicely.



• **Check out the “It’s Your Move – Professional Resource List”**

The Village works with a variety of companies that can assist you with all aspects of your move. We’ve built strong relationships

with these organizations and know that they have your best interests at heart. What’s more, because they know and understand our move-in process, they can help make your move even smoother. Reach out to your move-in coordinator or contact the companies on the list personally to discuss services and fees. Finally, don’t forget about the Village’s Moving Assistance Program (M.A.P.). Be sure to check your Entry Fee Resident Agreement to see how much you are eligible to receive through M.A.P.

• **On the day of your move,** we’ll have some important details already covered. We provide hand soap, toilet paper, paper towels and other items you’ll need on the day of your move so there’s no need to worry about which box has the paper towels! Also, don’t forget to pack your new John Knox Village duffle bag for your first overnight in your new home. Be sure to pack a change of clothes, medication and anything else that you may need to get a good night’s rest and a happy first morning.

• **Finally, keep your eyes open for a “sweet” treat that should be arriving at your home.** It’s just a little token of our appreciation and hope you’ll take a few minutes to relax while you enjoy it!

As always, we are here for you! Do not hesitate to call with any questions. We are all happy to offer support and guidance during this very exciting time!

Sincerely,

Natalie Chisam

Natalie Chisam,
Manager of Sales at John Knox Village

Staying Connected



Make sure to like our Facebook page! Go to www.facebook.com/JohnKnoxVillageLeesSummit.



Did you know the Village has a YouTube channel? Subscribe for free! Go to www.YouTube.com/JohnKnoxVillage.

You can then click on the subscribe button.



Daily E-Blast: An email is sent each evening at 7 p.m. to let residents know about the next day's activities and restaurant menus, as well as updates, notices and more. **You can subscribe by calling (816) 347-2901 or emailing szeilstra@jkv.org.**



The Village has a private website where residents can find policies and procedures, read restaurant menus, see the list of the day's activities and more. It is www.jkvlife.org, and as someone who isn't a Village resident quite yet, you can still log in as "guest" and see most of the information. (Resident directory, maintenance requests, etc. excluded.)



Many depositors for The Meadows East Expansion enjoyed an amazing eight-course meal recently featuring creations by Chef Roderick Jackson, which he called his "Love letter To the South." The guests enjoyed getting to know each other and getting excited about the approaching completion of The Meadows East Expansion.

Meet Lifestyles Assistant Sindy Goodall



The Village's focus on all dimensions of wellness means the Life Enrichment team focuses not only on having "fun" events like bands, "Chardonnay and Charcuterie" and a host of many other activities, but programs such as the Senior Learning Network, where residents get

the opportunity to visit museums all over the world virtually. It also includes day trips, art and drawing classes, a variety of discussion groups, and much more.

The Life Enrichment department is led by Melissa McKay, and includes Christie Loftis as well as Sindy

Goodall, who focuses on planning activities at The Meadows.

Sindy has been at the Village a little over a year and said she has always gravitated towards older adults and after a career in television, she found a position she loves at the Village.

"I love this job. It just brings me so much joy to see residents enjoying life and having the opportunity to get to know them," Sindy said. "I am one to think outside the box, so I love to try to come up with new ideas and activities for them. And I love to hear their ideas of what they would like to do, and then work to make that happen."

One of those ideas was a line dancing class, which Sindy said has been a lot of fun for them. She said what is great about the Village is that there are many activity and community spaces for all residents to enjoy, and that residents can go to whatever activity they'd like, no matter where it is on campus.